ISSUE 29

2024

MONTHLY NBVC QUALITY OF LIFE PROGRAMS NEWSLETTER FR Highlights



NBVC CYP TEEN CENTERS

NBVC Teens and Parents here are our upcoming teen events &

MAY 3, 2024

Galactic Gathering Party at all Teen Centers.

MAY 10, 2024

Canejo Players Theater Trip. Live perfromance of "Sleeping Beauty"

MAY 31, 2024

Basketball Clinic at Point Mugu

.....

Sneak peak at next Months teen events

JUNE 14, 2024

Teen trip to Golf N Stuff

JUNE 20, 2024

Beach Bash at Mugu

JUN 24, 2024

Teen Trip to the local Batting

For information about registration and field trips contact your local youth center

Camarillo: 805-383-6240 Port Hueneme: 805-982-4218 Point Mugu: 805-989-7580

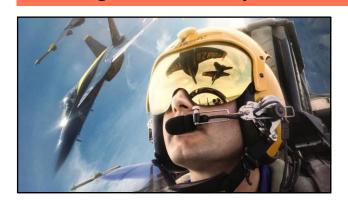
SURFS UP!



The Point Mugu Surf Contest is back! 2024 is a special year for NBVC as this will be our 10th running of the Surf Contest which started back in 2008. The event has gone through many changes over the years and this year is no exception. Over 100 surfers will compete for two days separated by 4 divisions which include Military, Open Men's, Open Women, & Jr's. For our 10th year we are adding more food trucks then we have ever seen at this event and there will be additional family activities for all ages to enjoy. Plus live music, vendors, & a surf & sack tournament. Admission and parking are free all weekend long. For event details please visit our webpage navylifesw.com/surf or click **HERE**.

Special thanks to our presenting Sponsor Ventura County Coast and our supporting Sponsors: 805 Beer, ProLite, Matunas, Stab Magazine, SaltLife, Matuse, Vintage Marina Partners, Pizza Man Dan's | No Navy Endorsement Implied.

Blue Angels Documentary – Advanced Screening – May 11



Exclusive first look at the new Amazon Prime Documentary "The Blue Angels". May 11, Needham Theater. Details **HERE** or visit ventura.navylifesw.com | No Navy Endorsement Implied.



May 2024

NBVC MWR LIBERTY PROGRAM

MWR Liberty programs and trips are only open to MWR Sailors/Liberty personnel who are single active-duty military or Geobachelors.

MAY 4: Trip to Disneyland

6 am – Midnight. \$108.75 per person. Registration required. Pick up from CoffeeNet at 6 am, pick up at SurfNet at 6:30 am.

MAY 9: Paint & Chill

5 pm – 7:30 pm. Free event. Registration not required. Transportation from Mugu available on request.

MAY 11: Botanical Gardens Hike, Ventura

8 am – 1 pm. Free activity Registration required. Pick up from CoffeeNet at 8 am, pick up at SurfNet at 8:30 am.

MAY 19: Operation MWR 5:30 pm – 9:30 pm. Free event.

MAY 25-26: Point Mugu Surf Contest

7 am – 5 pm. Free event. No registration required. Transportation from Hueneme available on request.

MAY 31: Cosmic Bowling, NBVC Lanes

Liberty patrons bowl for free from 7 pm – 10 pm. Plus free bowling lessons from 6 pm – 7 pm

Needham Theater Movie Night – Every Friday

Liberty patrons receive a free snack combo.

Liberty Golf Program

Liberty patrons can check out clubs and hit the driving range every Sat & Sun for free.

For All Trip Registrations: go to: www.runsignup.com search "NBVC Liberty". If you have questions, please call us at 805-982-5182



Operation MWR Presented by GOV-X

Throughout the summer, Navy MWR's Community Recreation and Navy Entertainment programs are celebrating the resiliency of our military service members and their families, foster a sense of community, & provide an opportunity to connect with friends and others for a day of entertainment, rest and relaxation.

On Sunday, May 19 MWR is taking over the Grinder at NBVC Port Hueneme for a one night only country music event you don't want to miss. Featuring Country Music Star Russell Dickerson with an opening performance by Cody Bradley.

Admission and parking for this event is free for all base personnel. This includes active duty, spouses, dependents, reservists, retirees, DoD Civilians, and any guest(s) sponsored by an authored patron listed above. So bring your friends for an evening you will not want to miss.

Guests may bring your own lawn/camping chairs to this event as seating is not provided. Prohibited items include: Outside food & beverages, drugs, weapons including knives, pets, coolers of any size, & drones. Other restrictions may apply. Military Working Dogs will be present.

Looking to upgrade your concert experience? Look for details coming soon about our *VIP experience*. Your upgraded ticket will include VIP Chalet access, Catered BBQ dinner, VIP parking, & Reserved seating. Space will be limited and fees apply. Keep an eye on our Facebook page for the official announcement on how you can be a VIP. Find NBVC MWR on Facebook @NavyLifeNBVC.

Concert details can be found on our website <u>HERE</u> or by visiting navylifesw.com/operationmwr.

Sponsored by Liberty Military Housing-Ventura, USAA, 805 Beer, 100.7 KHAY | No Navy Endorsement Implied

Spouse Appreciation 5k Presented by USAA

NBVC MWR Athletics next 5k run is the **Spouse Appreciation** *5k* at NBVC Port Hueneme. Held on Thursday, May 16th starting at 11:30 am from the Bee Hive Gym. Participation is free for all hands. Advanced registration is now open and can be found <u>HERE</u> or by visiting <u>www.runsignup.com</u> and search "NBVC". Check-in and day of registration will be available starting at 11 am, just look for the MWR canopy.

Check with any MWR gym for more information. Hueneme Gym at 805-982-5173 or the Point Mugu gym at 805-989-7728. *No Navy Endorsement Implied.*

Scan this QR Code to go to the registration page.





Run the Spouse Appreciation 5k and collect your limited edition collectors pin seen here. 13 designs are available this year. Can you collect them all?





Seabee Golf Course Happenings



2-Person Series Golf Tournaments

The Seabee Golf Course is looking for players to participate in their 2-person golf tournaments. Tournaments are open to all hands and civilian golf pass holders. Only \$40 per player to enter. Included with your registration is your Green & cart fees, range balls, food & prizes.

Tournament Dates: May 11 / June 22 / July 27 All tournaments have an 8 am shotgun start

Did you know you can book your tee times at the NBVC Seabee Golf Course online?

Book your tee time today, click <u>here</u> or visit our website at ventura.navylifesw.com

Thursday nights at Needham Theater make for a great date night – Click <u>HERE</u> for info.





Active Duty & Spouses

THANK YOU FOR YOUR SERVICE

Enjoy lunch on us the 3rd Thursday of each month!

Pick up complimentary lunch tickets to the Bard Mansion's Thursday lunch buffet all thanks to our sponsor the Gary Sinise Foundation.

Tickets available at the Hueneme Ticket Office.

First come - first served, while quantities last, limit 2 tickets per household.

Dependents are welcome.

Dependents without a ticket pay the regular price for lunch at the door.

Our kids pricing is:

Kids 5-12: \$7.47 each Kids 4 & under: Free

The next lunch is

MAY 16

11 am - 1 pm

Sponsored by



The DON does not endorse any company, sponsor, or their products or services





Admiral's Cup Triathlon & ARMED FORCES TRIATHLON

JUNE 29

Find all the FFR information online at ventura.navylifesw.com



GET A QUOTE

The Department of the Navy does not endorse any company, sponsor or their products or services.

Fleet and Family Support Center

EFMP Craft & Networking Hour

Hosted by the Exceptional Family Member Program

Date: May 8

Time: 3 pm - 4 pm

Location: Point Mugu FFSC





Co-parenting Workshop

Hosted by the FFSC Life Skills Program

Dates: June 7, 14, 21, 28 July 12, 19, 26 August 2

*Must attend all sessions

Time: 2 pm - 4 pm

Location: Port Hueneme FFSC

805-982-5037

Order breakfast or lunch on the go



Start your order

www.dineonthego.com

Save a ton of time and skip the line! Order food and beverages to-go from the 19th Hole Café, the Flightline Café, the Fox Den at San Nicolas Island.

Upcoming Events...

Bowling Clinic

June 7-28, 2024 More details to be announced.

- 5K Dolphin Dash Point Mugu

 June 20, 2024 More event details to be appounded.
- Great Navy Campout

June 21-22, 2024. More event details to be announced.

Triathlons

June 29, 2024 More details to be announced.



Providing services that enhance the quality of life to sustain the Fleet, enable the Fighter, and support the Family! NBVC MWR'S Main Office is located at NBVC PH Bldg. 1180, Phone (805) 982-5554



Keep in touch via Facebook, X, and YouTube @navylifeNBVC

Join over 2,298 subscribers receiving FFR Highlights via email. Simply Email

Richard.w.cobb2.naf@us.navy.mil to subscribe!

Find all the FFR information online at ventura.navylifesw.com

**NBVC sincerely thanks and appreciates our sponsors and advertisers; however, neither the Navy nor any other part of the Federal Government officially endorses any company, sponsor, or their products or services. **