

NAVY CYP

CHILD & YOUTH PROGRAMS



MAY TEEN OBSERVER

A MONTHLY PROGRAM NEWSLETTER
MAY 2024 VOL 2 • ISSUE 5

WHAT'S INSIDE

PROGRAM BUZZ:

- Getting Ready for Summer

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- Facility Closure Days
- Teen Center Transition Assistance

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- Teen of The Month:
ERIK G.
- Character Skill Support:
Tips for Having a Tough Convo

PROGRAM BUZZ

Get ready to kick off the summer in style with not one, but two, epic Teen Nights this May! You won't want to miss "Jumping for Joy" at Sky Zone Trampoline Park, May 3rd, or the thrilling night out at the Santa Cruz Beach Boardwalk on May 17th!

Let's celebrate the end of the school year with a bang and make some unforgettable memories together! Be sure to join us for these amazing events!



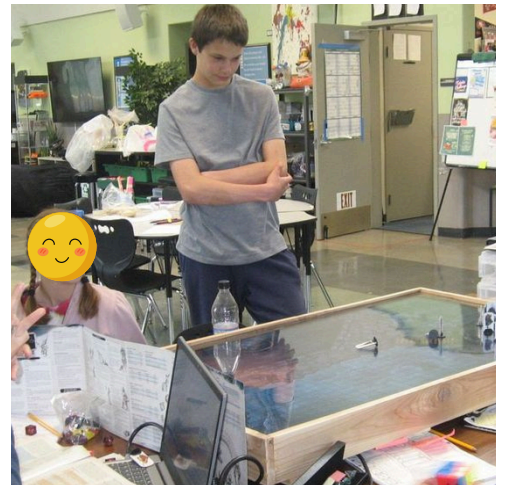
OPERATION EGG DROP!!! TEENS DESIGNED "EGG PARACHUTES" & DROPPED THEM FROM THE ROOF OF THE TECH. THE GOAL WAS TO DESIGN AN EGG COCKPIT THAT WOULD PREVENT THE EGG FROM CRACKING FROM IMPACT. THE SURVIVAL RATE OF OUR EGGS WAS ALMOST 80%!



LEARNING THE ART OF THE PERFECT GRILLED CHEESE SANDWICH



TEENS CREATING THEIR EGG PARACHUTE SHUTTLES



WE RECENTLY ELEVATED OUR D&D GAME WITH A DIGITAL MAP THAT THE TEENS HELPED BUILD

EVENT DATES

SPECIAL EVENTS

MAY 1ST WED// 2:00PM
MARBLE MADNESS: MAKING
ROLLER COASTERS FOR MARBLES

MAY 3RD -FRI//4:00PM
FIELD TRIP TO SKYZONE!

MAY 8TH WED//2:00PM
OCTOGAN DODGEBALL

MAY 15TH-WED//4:00PM
STUDENT COUNCIL MEETING

MAY 17TH-FRI//4:00PM
FIELD TRIP TO SANTA CRUZ
BOARDWALK!

MAY 22ND-WED//2:00PM
PILLOW MAKING PROJECT

MAY 29TH-WED//2:00PM
JOURNALING FOR EMOTIONAL
WELLNESS

PROGRAM INFO

PARENT CORNER

MODIFIED HOURS & CLOSURE DATES

+Extended Hours:

- **Friday May 31st///Hours-1-6 PM**
MPUSD Last Day of School

+Facility Closures

- **Friday May 24th///Staff Training Day**
- **Monday May 27th///Memorial Day**

TRANSITION SUPPORT

Our network is here to help you connect with the teen centers at your next duty station, and our School Liaison is ready to provide you with all the necessary information and support regarding the local schools at your new location.

We understand that a smooth transition is crucial, and we are committed to making it happen for you and your family. Please let us know which base or city you plan to live in, and we will initiate a conversation and introduce you to the dedicated youth professionals who will continue to support your family after you leave our center!

CHARACTER FOCUS

TEEN OF THE MONTH:

We are recognizing Erik G. this month at the Teen Center! Erik has shown a lot of growth since we first met him last year - we know this because he is one of our most regular teens, showing up almost every day to hang out and see what's going on. He readily participates in any competitive game (especially the occasional Nerf war!), and always jumps in on projects that require building/engineering skills, for which he has an obvious knack. We are always glad to see him and hope he stays a regular at the center for years to come!

CHARACTER SKILL PRACTICE

Tips for Having a Tough Conversation

The next time you're entering a potentially challenging conversation, ask yourself these questions.

What outcome do I hope to achieve in this situation?
 You can't fix everything, but what outcome is within your influence?
 What attitude and response gives me the best chance to achieve that outcome?

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