

2025 MWR 5K RUN/WALK SERIES

MWR 5k Fun Runs are open to all hands with regular base access. Participants of all ages are welcome. Parents with strollers are welcome.

Presented by:



Feb 13	Thu	Sweetheart Polar Plunge	PM
Apr 26	Sat	SAPR Color Run	PH
Jun 12	Thu	Military Spouse Appreciation	PM
Jul 19	Sat	NBVC Mud Run	PH
Aug 07	Thu	Summer Escape	PH
Sep 13	Sat	Laguna Peak Challenge	PM
Nov 20	Thu	Turkey Trot	PH
Dec 06	Sat	Holiday Runway	PM

POINT MUGU (PM) POINT HUENEME (PH)

Schedule subject to change without notice.

For more information go to our website:

ventura.navylifesw.com

[f](#) [x](#) [v](#) @navylifenbvc

The Department of the Navy does not officially endorse any company or sponsor their products or services.

